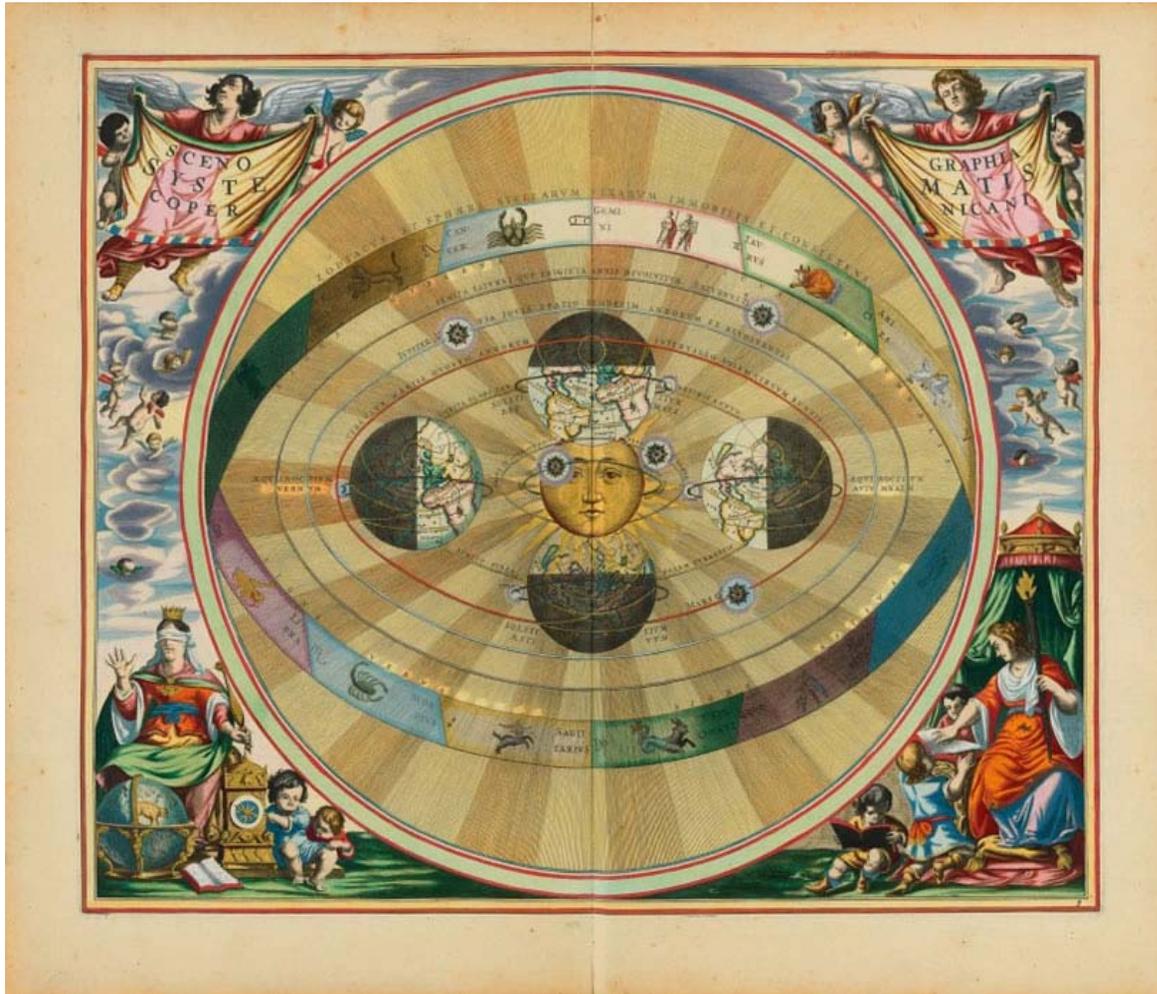


Linear mentoring evolves into networks of scientists



Janet Rubin
Margaret Gourlay
Maria Escolar



Margaret Gourlay, MD, MPH

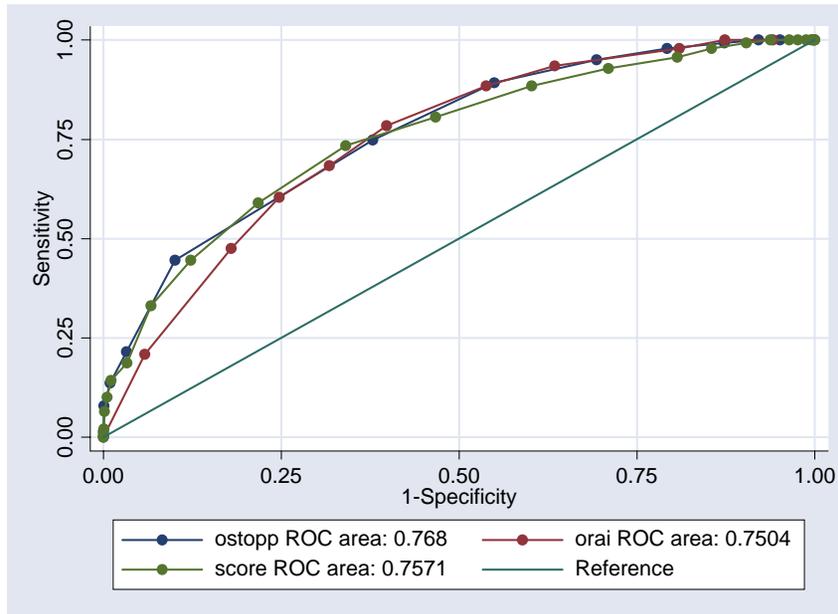
Before 2002

- BS microbiology/English, University of Iowa
- DVM, Iowa State University; 4-1/2 years of veterinary practice
- MD, Rush Medical College
- Family Medicine residency, UCSD; Medical Editing fellowship, Georgetown University

2002-2004 Robert Wood Johnson Clinical Scholars Program, UNC

2004-present, Assistant Professor, UNC Department of Family Medicine

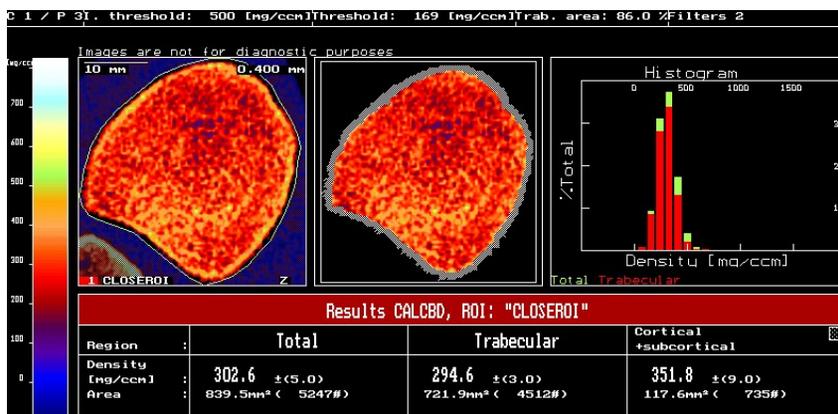
Research topic: osteoporosis screening



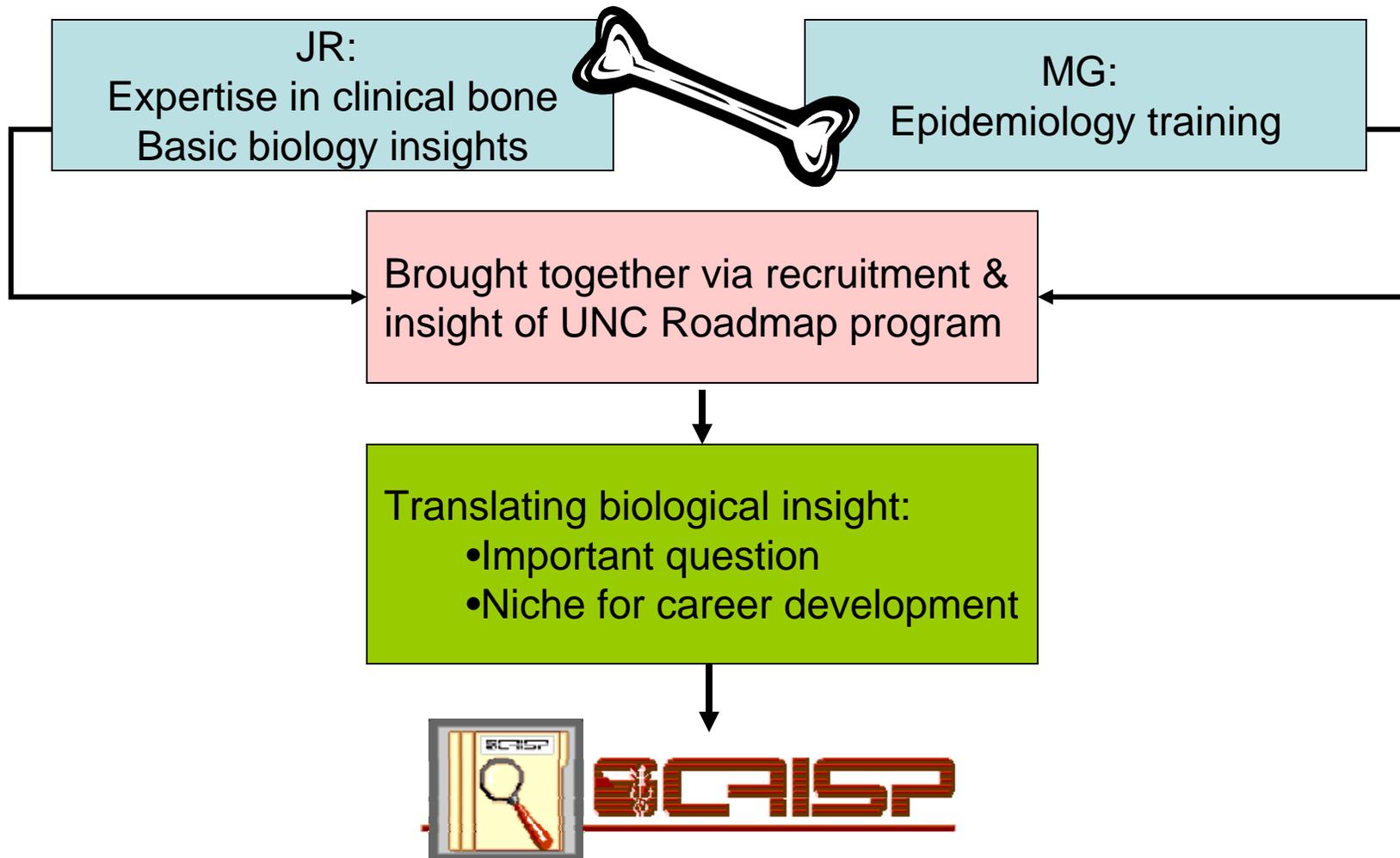
2005-07, UNC Program in Translational Science: Osteoporosis screening in younger postmenopausal women

2007-12, NCRK K23 Career Development Award: Selective screening for osteoporosis in younger postmenopausal women

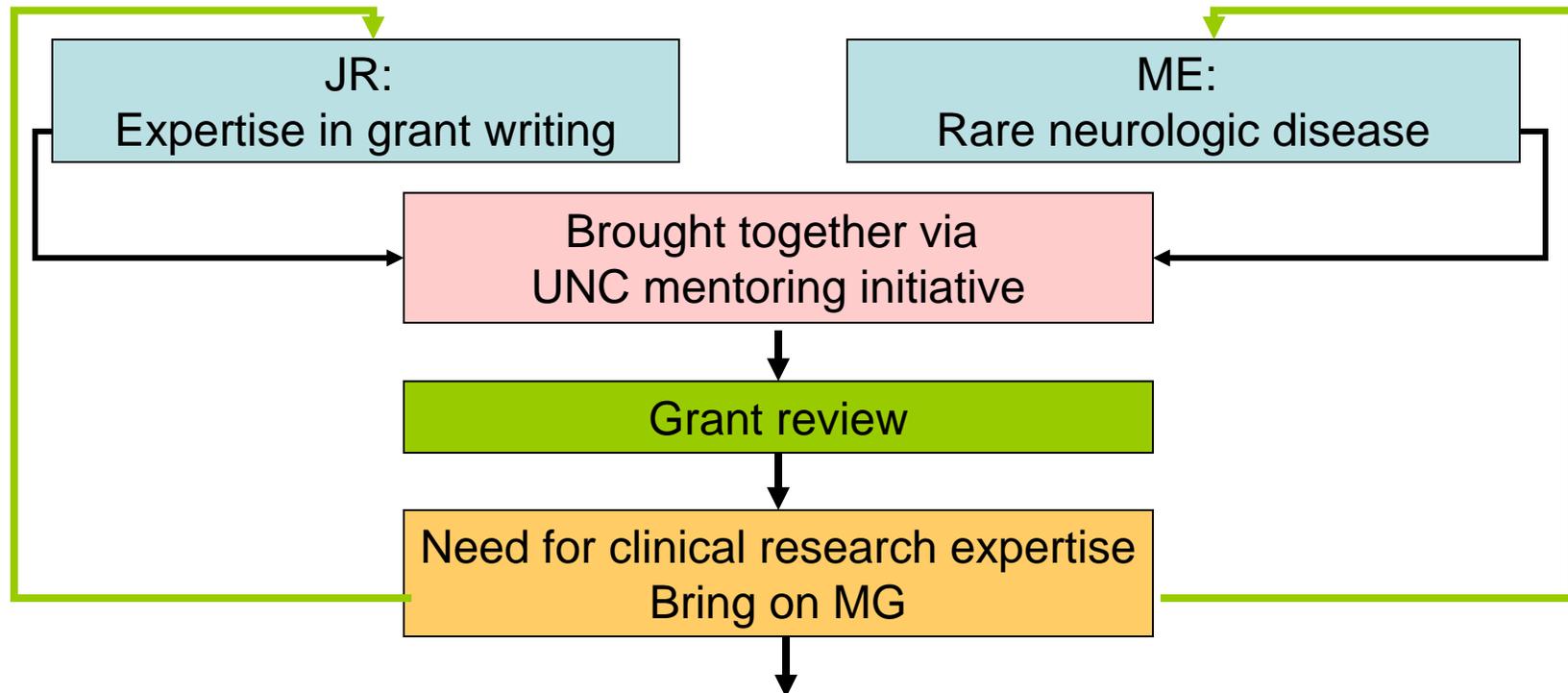
Pending, NIAMS R03: FSH as a biomarker of bone strength in younger postmenopausal women, Rubin is key co-investigator



Direct mentoring



Mentoring networks



Lessons learned:

1. The best way to learn mentoring is to practice it.
2. Knowledge in cross-cutting disciplines can make you an “expert” at any stage.
3. Interesting opportunities often come from outside your research field.